## Biblical Counsel for the Depressed Saint

## **Session 2 – Ephesians 2:1-10**

After Brainerd died, Jonathan Edwards e some of Brainerd's writings,
including, both parts of Brainerd's journal, and published that work in 1749 under the title An
Account of the L Of the late Reverend Mr. David Brainerd, Minister of t G,
Missionary to the INDIANS, from the honourable Society in Scotland, for the Propagation of Christian Knowledge, and Pastor of a C of Christian INDIANS i New-Jersey. Who died at Northampton in NEW-ENGLAND, Octob. 9th 1747. in the 30th Year of his Age: Chiefly taken from his own D, and other private Writings, written for his own U; and now published, By Jonathan Edwards, A.M. Minister of the Gospel at Northampton.\(^1\)
From the time he was born again to the time of his death, David Brainerd, a mis-sionary to Indians, struggled with depression. And for Brainerd, depression resulted in essentially feelings of worthlessness and guilt.
after God created mankind, mankind had f (or a close association²) with God and as part of that God was mankind's God and King, the Being mankind worshiped and served (that is, g his heart to—to satisfy the desires of his heart—and obeyed)
when God created mankind, He made mankind with a body and a soul and gave that body and that soul desires – some of those desires are: a desire for drink, a desire for food, a desire for possessions, a desire for love, a desire for pleasures and joy, a desire for fellowship, a desire for knowledge, a desire for beauty and glory, a desire for paradise, and a desire for God – when mankind sinned against God, his body and his soul and the desires of his body and his soul were corrupted by sin
"b" He created "the heavens and the earth and all of their host" (Gn 2:1, My  Trans-lation) (what the Scriptures call "from everlasting"), God, specifically, God the  Father, based on His will, d to create all things (past, present, and future) –  that deci-sion is God the Father's plan for all things – as part of that plan, God the Father  decided to create mankind, to permit mankind to sin against God, and to save some of  mankind
the some of fallen mankind whom God the Father decided to save (the people whom the Scrip-tures call "the chosen" or "the elect"), He loved – and God the Father loved those people by establishing His covenant with them (or choosing them for salvation)
<ul> <li> when God saves a person, God the Father calls (that is, e calls) that person to salvation—fundamentally, to Him being that person's God and that person being part of His p as part of that effectual call, God the Father through the Lord Jesus Christ and the Holy Spirit begets that person (that is, makes that person alive spiritually) and gives that person f in the crucified and risen Lord Jesus Christ³ (and that per-son believes in the crucified and risen Lord Jesus Christ)</li> </ul>
when a person is saved by God, that person is delivered from bondage to Satan and to sin, be-

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https://archive.org/details/accountoflifeofl00brai/page/n7/mode/2up.
 That is, being together as beings who are close with one another and who share things in common with one another.
 Col 1:3-4, Eph 2:8-9, Phil 1:29, and 2 Pt 1:1.

<sup>&</sup>lt;sup>4</sup> Cf. Rm 7:14-25.
<sup>5</sup> Daniel B. Wallace, *Greek Grammar Beyond the Basics: An Exegetical Syntax of the New Testament* (Grand Rapids: Zondervan, 1996), 563.

saints will reign with Christ -- regarding the saving of the saints, as revealed by vv.4-9 and its context, saints have been saved by (that is, because of or on the basis of) grace through faith – due to the grammar in the Greek text of v.8 and the context of v.8, we know that saints having been saved on the basis of grace through faith is not from them, it is the gift of God – thus, as revealed by v.8 and its context, salvation, saving grace, and saving faith are gifts of God – being gifts of God, salvation, saving grace, and saving faith are *not* from man – in other words, man is not the source of those things – God is! – as revealed by v.9 and its context, being the gift of God, saints having been saved on the basis of grace through faith is not by works – it is not by works, as revealed by v.9, for this purpose: "in order that anyone might not boast" (v.9, My Translation) – if saints having been saved on the basis of grace through faith was by works (that is, by doing something—being baptized, being confirmed, tak-ing communion, attending church services, and so forth), then saints who did works could boast – with that said, saints having been saved on the basis of grace through faith is the gift of God – and thus, no saint can boast -- with all that said, as revealed by v.10 and its context, s are God the Father's "work-manship, . . . created in Christ Jesus [for good works or, as it appears, better of good works which God [the Father] prepared beforehand, translated,] on the b in order that . . . [they] should walk in them" (v.10, My Translation) -- as I mentioned earlier, God the Father has a plan for all things – as part of that plan, God the Father prepared beforehand good works that saints are obligated to do – on the basis of those good works, God the Father created (that is, made alive spiritually) saints in Christ Jesus -- dear reader, if you are a saint, then God the Father prepared beforehand g w you are obligated to do – as for those good works, only you can do them (no other saint can do them—not David Brainerd, not P\_\_\_\_, not anyone, only you) - they are your good works to do – in addition, as for those good works, God will enable you to do them – fel-low saint, God the F prepared beforehand good works that you are obligated to do – and, on the basis of those good works, God the Father created you in Christ Jesus -- Ephesians 1:20-22 – 20 which He worked in the Christ<sup>6</sup> while raising up<sup>7</sup> Him from the dead and while seating<sup>8</sup> Him at<sup>9</sup> His right hand in the heavenly places 21 above every rule and authority and power and dominion and every name continuously being named<sup>10</sup>, not only in this age<sup>11</sup> but also in the is certainly going to come  $age^{12}$ ; 22 and all things He [put or] subjected under His feet and He gave Him as head over all things to the Church, (My Translation)

Transla-tion) – thus, as revealed by v.6 and its context, a d is c when the

Gk. τῷ Χριστῷ (τῷ, article with substantive, monadic article, identifying a one-of-a-kind noun, "the Christ").

<sup>7</sup> Gk. ἐνήργησεν . . ἐγείρας (ἐγείρας, aorist, verbal participle, dependent verbal participle, adverbial participle, temporal participle, "related to an aorist main verb" [Ibid., 624], contemporaneous participle, "[He worked . . . ]while raising up")

<sup>&</sup>lt;sup>8</sup> Gk. ἐνήργησεν . . . καθίσας (καθίσας, aorist, verbal participle, dependent verbal participle, adverbial participle, temporal participle, "related to an *aorist* main verb" [Ibid.], contemporaneous participle, "[He worked . . . ] while seating").

<sup>9</sup> Gk. ἐν (spatial/sphere, "in" or, here, "at").

<sup>10</sup> Gk. ὀνόματος ὀνομαζομένου (ὀνομαζομένου, broad-band present, iterative present, adjectival participle, adjectival proper, predicate participle, [anarthrous] second predicate

position, "[a name ]continuously being named").

"Gk. τῷ αἰῶνι τούτῳ (τούτῳ, demonstrative pronoun, functioning adjectivally, "this[ age]").

<sup>12</sup> Gk. τῷ μέλλοντι (special use present, futuristic present, completely futuristic, stressing certainty, adjectival participle, adjectival proper, attributive participle, first attributive position, "the is certainly going to come age").

<sup>13</sup> Gk. αὐτὸν . . . κεφαλὴν (substantival use of the accusative, double accusative, object-complement, "Him as head").

as revealed by these verses and their context, e_Father's Son, Jesus, the Christ, is reigning re-vealed by these verses and their context everyone and everything consists of two reand author-ity and power and d_named, not only in this age but also in the Translation) and (2) the Church (which is the	over everyone and everything – , the Lord Jesus Christ's r ealms – those two realms are: (1 and every name continuous is certainly going to come <i>age</i> "	- as also over ) "every rule sly being (v.21, My
based on Greek grammar and what is revealed by Je-sus" means "in the sphere of Christ Jesu 2:4-10, the sphere (or realm) of God's savi 2:4-10 and its context, having been saved, Jesus, spe-cifically, the realm of God's sav	ns' control," specifically, as used ng reign – thus, as revealed by saints are in the realm controlle	d in Ephesians Ephesians
a missionary to Indians, struggled with der in essentially f of worthlessn Brain-erd, you or a loved one struggles with loved one depression results in essentially guilt – whether or not that is the case, press feelings of worthlessness and/or guilt – the context, 14 specifically, that saints have v God) and that saints are able to conquer face.	pression – and for Brainerd, depression – and for Brainerd, depress and guilt – dear reader, may the depression and, like Brainerd of w of w	ression resulted be, like , for you or that and and very saint has 1-10 and its d useful to
as for saints having value (or being important ar 2:1-10 and its context, because God the Fa (v.4, My Translation), loved them with His which He loved them and "in order that He ages the surpassing riches of His grace in My Translation), made them alive together Christ, and caused them to sit down with C and because, on the basis of grace through of God, saints have value (specifically, are are God the Father's "workmanship, the or ba-sis of good works which God [the Father should walk in them" (v.10, My Translation God)	ther, "while continually being range and, because of that a might show in the is certainly kindness on [them] in Christ with the Christ, raised them up Christ in the heavenly places in Gaith, they have been saved, who important to God) — in additional ness who were created in Christ Jer] prepared beforehand, in order	great love with going to come Jesus" (v.7, together with Christ Jesus, nich was the gift h, because they Jesus on the er that [they]
as for saints being able to cfits context, saints are in Christ Jesus (specibeing in that realm, saints have as their u the sixty-six books of the Bible, which not g, God's w cannot be trusted, unrighteous behavior [such as, fear, anger, [such as, God is good, God's word can be a	at only correct false doctrine [suc God does not love me, and God and <i>false guilt</i> ], but also teach t	he Scriptures, 15 h as, God is not is distant] and crue doctrine

<sup>&</sup>lt;sup>14</sup> Cf. Mt 10:31 and 12:12. <sup>15</sup> See 2 Tm 3:16.

not distant] and righteous behavior [such as, persevering in suffering and finding hope, comfort, and j in the midst of suffering]

## A Translation of Ephesians 2:1-10

## With Extensive Footnotes

1 And you while continually being 16 dead in your trespasses 17 and sins 1819, 2 in 20 which you [formerly or] once walked [or lived] in accordance with<sup>21</sup> the [course or] age<sup>22</sup> of this world<sup>23</sup>, in accordance with the ruler over the power<sup>24</sup> over the air<sup>25</sup>, over the now<sup>26</sup> ha-bitually working spirit<sup>2728</sup> in the sons [of or] characterized by the disobedience<sup>29</sup>; 3 a-mong whom also we all [formerly or] once behaved<sup>30</sup> in the lusts of our flesh while ha-bitually doing<sup>31</sup> the will of [our sinful nature or, better translated,] the flesh [or body] and of the [mind or] thoughts, and we were being children<sup>32</sup> in nature destined for wrath<sup>33</sup> as also the rest; 4 but God while continually being<sup>34</sup> rich in mercy, because of His great love which He loved us, 5 and us while continually being<sup>35</sup> dead in our<sup>36</sup> trespasses He made alive together with the Christ<sup>3738</sup>, [by or] on the basis of grace<sup>39</sup> you have been

<sup>16</sup> Gk, ὄντας . . . περιεπατήσατε (ὄντας [εἰμί], broad-band present, customary present, ongoing state, verbal participle, dependent verbal participle, adverbial participle, temporal participle, contemporaneous participle, "while continually being . . . [you walked]").

<sup>&</sup>lt;sup>17</sup> Gk. τοῖς παραπτώμασιν (local dative use, dative of sphere, "in the sphere of [your] trespasses"). The same for τοῖς παραπτώμασιν (v.5).

<sup>18</sup> Gk. ταῖς ἀμαρτίαις (local dative use, dative of sphere, "in the sphere of [your] sins").

<sup>19</sup> Gk. τοῖς παραπτώμασιν καὶ ταῖς ἀμαρτίαις ὑμῶν ("in [the sphere of] the trespasses and in [the sphere of] the sins of you" or "in [the sphere of] your trespasses and sins").

<sup>&</sup>lt;sup>20</sup> Gk. èv (spatial/sphere, "in," specifically, in the sphere of control, See Stanley E. Porter, *Idioms of the Greek New Testament*, second edition [Sheffield, England: Sheffield Academic Press Ltd, 1992, 1994, 1999], 156-159). See also Jn 8:34 (controlled by sin). The same for the second ev

<sup>&</sup>lt;sup>21</sup> Gk. κατὰ (with accusative, standard, "in accordance with" or "in conformity to"). The same for the other occurrence of κατὰ in v.2.

<sup>22</sup> Gk. τὸν αίῶνα (αίῶνα [αίῶν], "era, age; ... the current period" [Timothy Friberg, Barbara Friberg, and Neva F. Miller, Analytical Lexicon of the Greek New Testament, Baker's Greek New Testament Library (Grand Rapids, MI: Baker Books, 2000), 39], "[the ]age").

<sup>&</sup>lt;sup>23</sup> Gk. τοῦ κόσμου τούτου (τούτου, demonstrative pronoun, functioning adjectivally, "this[world]").

<sup>&</sup>lt;sup>24</sup> Gk. τὸν ἄρχοντα τῆς ἐξουσίας (τῆς ἐξουσίας, adjectival genitive, genitive of subordination, "[the ruler ]over the power").

<sup>25</sup> Gk. τῆς ἐξουσίας τοῦ ἀέρος (ἐξουσίας [ἐξουσία], "c. gen. power over" [Henry George Liddell and Robert Scott, An Intermediate Greek-English Lexicon: Founded upon the Seventh Edition of Liddell and Scott's Greek-English Lexicon (Oxford, Clarendon Press, 1889), https://logeion.uchicago.edu/ἐξουσία], "[the ]power over[ the air]").

<sup>&</sup>lt;sup>26</sup> Gk. võv ("now, both of the present moment, and of the present time generally, ... of our day, ... of the present day" [Charlton T. Lewis and Charles Short, Lewis and Short's Latin-English Lexicon (Oxford: Clarendon Press, 1879), https://logeion.uchicago.edu/võv]).

<sup>&</sup>lt;sup>27</sup> Gk. τοῦ πνεύματος τοῦ ... ἐνεργοῦντος (τοῦ ... ἐνεργοῦντος, broad-band present, customary present, repeated action, adjectival participle, adjectival proper, attributive participle, second attributive position, "the habitually working spirit").

<sup>&</sup>lt;sup>28</sup> Gk. τοῦ πνεύματος τοῦ νῦν ἐνεργοῦντος (τοῦ πνεύματος τοῦ . . . ἐνεργοῦντος, adjectival genitive, genitive of subordination, "over the [now] habitually working spirit").

<sup>&</sup>lt;sup>29</sup> Gk. τοῖς υἰοῖς τῆς ἀπειθείας (τῆς ἀπειθείας, adjectival genitive, descriptive genitive, "[the sons ]characterized by the disobedience").
<sup>30</sup> Gk. ἀνεστράφημέν (ἀναστρέφω, passive, "to conduct oneself" or "to behave").

<sup>31</sup> Gk. ἀνεστράφημέν . . . ποιούντες (ποιούντες, broad-band present, customary present, repeated action, verbal participle, dependent verbal participle, adverbial participle, temporal participle, contemporaneous participle, "[we behaved . . .] while habitually doing")

Gk. ἤμεθα τέκνα (τέκνα, predicate nominative, subset proposition, "the predicate nominative describes the class to which the subject belongs" [Wallace, 41], "children").

<sup>33</sup> Gk. φύσει ὀργῆς, (ὀργῆς, adjectival genitive, genitive of destination, "destined for," "[in nature ]destined for wrath").

<sup>34</sup> Gk. ὧν . . . ἡγάπησεν (ὧν [εἰμί], broad-band present, customary present, ongoing state, verbal participle, dependent verbal participle, adverbial participle, temporal participle, contemporaneous participle, "while continually being . . . [He loved]").

<sup>35</sup> Gk. ὄντας . . . συνεζωοποίησεν (ὄντας [εἰμί], broad-band present, customary present, ongoing state, verbal participle, dependent verbal

participle, adverbial participle, temporal participle, contemporaneous participle, "while continually being . . . [He raised up together with]"). <sup>6</sup> Gk. τοῖς (the article, as a pronoun, possessive pronoun, "our").

<sup>&</sup>lt;sup>37</sup> Gk. τῷ Χριστῷ (τῷ, article with substantive, monadic article, identifying a one-of-a-kind noun, "the Christ").

<sup>&</sup>lt;sup>38</sup> Gk. τῷ Χριστῷ (instrumental dative, dative of association, "[in association with ]the Christ").

<sup>&</sup>lt;sup>39</sup> Gk. χάριτί (instrumental dative use, dative of cause, "because of grace" or "on the basis of grace"). The same for τῆ . . . χάριτί (v.8).

saved<sup>40</sup> 6 and He raised up together with<sup>41</sup> and He caused to sit down with<sup>42</sup> in the heavenly *places* in Christ Jesus<sup>43</sup>, 7 in order that He might show<sup>44</sup> in the is certainly going to come ages<sup>45</sup> the surpassing riches<sup>4647</sup> of His grace in kindness on us in Christ Jesus. 8 For [by or] on the basis of this grace<sup>48</sup> you have been saved through<sup>49</sup> faith; and this<sup>50</sup> not from<sup>51</sup> us, the gift of God; 9 not by<sup>52</sup> works, in order that anyone might not boast<sup>53</sup>. 10 For we are His workmanship, the ones who were created<sup>54</sup> in Christ Jesus [for good works<sup>55</sup> or, as it ap-pears, better translated,] on the basis of<sup>56</sup> good works which God prepared beforehand, in order that we should walk<sup>57</sup> in them. (My Translation)

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<sup>&</sup>lt;sup>40</sup> Gk. ἐστε σεσφσμένοι (σεσφσμένοι, verbal participle, dependent verbal participle, periphrastic participle, finite verb [of εἰμί] [present] plus participle [perfect] equals finite tense equivalent [perfect], extensive perfect, emphasizes "the completed action of a past action or process from which a present state emerges" [Ibid., 577], "you have been saved"). The same for ἐστε σεσφσμένοι (v.8).

<sup>41</sup> Gk. συνήγειρεν (proleptic [futuristic] aorist, stressing the certainty of God raising saints up together with Christ, "He raised up together with").
42 Gk. συνεκάθισεν (proleptic [futuristic] aorist, stressing the certainty of God causing saints to sit down with Christ, "He caused to sit down with Christ, "He caused to sit down with Christ,")

<sup>&</sup>lt;sup>43</sup> Gk. ἐν Χριστῷ Ἰησοῦ (ἐν, spatial/sphere, "in," specifically, in the sphere of control, See Porter, 156-159, "in the sphere of Christ Jesus' control"). The same for the two other occurrences of ἐν Χριστῷ Ἰησοῦ (νν.7 and 10).

 <sup>44</sup> Gk. ἴνα ἐνδείξηται (ἐνδείξηται, subjunctive, in dependent clause, ἵνα + the subjunctive, purpose ἵνα clause, "[in order that ]He might show").
 45 Gk. τοῖς αἰῶσιν τοῖς ἐπερχομένοις (τοῖς ἐπερχομένοις, special use present, futuristic present, completely futuristic, stressing certainty, adjectival participle, adjectival proper, attributive participle, second attributive position, "the is certainly going to come[ ages]").

<sup>&</sup>lt;sup>46</sup> Gk. τὸ ὑπερβάλλον πλοῦτος (article-adjective-noun, first attributive position, "the surpassing riches").

<sup>47</sup> Gk. ἴνα ἐνδείζηται . . . τὸ ὑπερβάλλον πλοῦτος (τὸ ὑπερβάλλον, verbal participle, dependent verbal participle, complementary participle, "[in order that He might show . . .] [the surpassing riches").

<sup>&</sup>lt;sup>48</sup> Gk. τῆ . . . χάριτί (τῆ, article with substantive, individualizing article, anaphoric [previous reference], points back to χάριτί [v.5], "this grace").
<sup>49</sup> Gk. διὰ (with genitive, means, "through").

<sup>&</sup>lt;sup>50</sup> Gk. τοῦτο (demonstrative pronoun, the neuter singular of οὖτος, refers to an antecedent, specifically, the clause τῆ γὰρ χάριτί ἐστε σεσφσμένοι διὰ πίστεως [v.8]).

<sup>&</sup>lt;sup>51</sup> Gk.  $\dot{\epsilon}\xi$  ([ $\dot{\epsilon}\kappa$ ], source, "out of" or "from").

<sup>&</sup>lt;sup>52</sup> Gk. ἐξ ([ἐκ], means, "by" or "from").

 $<sup>^{53}</sup>$  Gk. ἵνα . . . καυχήσηται (καυχήσηται, subjunctive, in dependent clause, ἵνα + the subjunctive, purpose ἵνα clause, "[in order that ]he might boast").

<sup>54</sup> Gk, κτισθέντες (aorist passive participle, adjectival participle, substantival participle, "the ones who were created").

<sup>&</sup>lt;sup>55</sup> For support of this translation, See Ibid., 162.

<sup>&</sup>lt;sup>56</sup> Gk. ἐπὶ (with dative, cause, "on the basis of" or "on account of").

<sup>&</sup>lt;sup>57</sup> Gk. ἴνα . . . περιπατήσωμεν (περιπατήσωμεν, subjunctive, in dependent clause, ἵνα + the subjunctive, purpose ἵνα clause, "[in order that ]we should walk"). In the context of v.10, the subjunctive is expressing obligation.